

Brett Air Conditioning's HOMEsense

Smart & simple ways to enrich your home living.



— IT'S ABOUT TIME! —

Why Should I Install a Programmable Thermostat?

You might have heard your neighbor, coworker, family member, or the heating and air conditioning technician say that using a programmable thermostat is the best way to go. But why is this?

The main reason is because it is an effective and efficient way to save on home energy costs. In fact, according to Energy Star, the proper use of a programmable thermostat can save you up to \$180 a year because they allow heating and cooling appliances to be automatically turned up or down by up to 4 degrees when no one is home or even at night when you and your family are sleeping.

Most programmable thermostats have a feature (sometimes called smart recovery or adaptive

recovery) that tells the thermostat to start running the AC unit in enough time to cool your home or business to the temperature you desire by the time programmed in.



One thing to keep in mind is that if you are constantly changing the temperature setting of your home in a short amount of time, you will end up using more energy, therefore, costing you more money. Be sure

to have the temperature setting at the same temperature for at least 6-8-hour increments. You also want to make sure that you get your programmable thermostat professionally installed by an HVAC technician who can explain the ins and outs of the thermostat.

To get a programmable thermostat, call us at 239-566-3633 today. *See special pricing on page 2.

MY WORD

BY DAN BRETT



Hello Friends,

With the cooler

months approaching, I want to clear the air about ceiling fan rumors you might have heard.

Ceiling fans produce a gentle breeze and can save you money on your power bill. Yet many people leave them turning the same way usually clockwise as installed, all year long.

You see over 90% of ceiling fans are reversible with a simple

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Your Quick Call Comfort Hotline:

(239) 566-3633

 BrettAirConditioning.com



UPGRADE TO UNSTOPPABLE.



1955 Elsa Street, Naples, FL 34109
(239) 566-3633
LIC#: STATE CAC057414

2019

January						
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— HOME HEALTH —

How can I achieve my New Year's resolutions?

At the beginning of every new year, many people set new goals. However, only a small percentage actually go on to achieve them.

According to Philip Clarke, psychology lecturer at the University of Derby Online Learning, the biggest mistake is many people identify what they want to achieve but do not think about how to do it.

He said: "They set long-term outcome goals such as getting a 'dream body' or to spend more time with family and these sound-like good goals. The problem is that the goal-setting process for many people stops there.

"People who develop action plans experience less anxiety, more confidence, improved

Winter Promotion

Honeywell Lyric Wifi thermostat

Special Pricing:

\$442.00 Installed – Non Planned Maintenance Customer

\$398.00 Installed – Planned Maintenance Customer

**Price only valid while tech is onsite.*

**Technician will qualify if thermostat is compatible with current wiring.*

— EMPLOYEE SPOTLIGHT —

This employee spotlight comes from a member of our Accounting Department. **Dennis Hemond** serves as our Senior Accountant.

Dennis, originally from Woonsocket Rhode Island, moved to Naples in 2000 to

escape the cold dreary winters. Dennis joined our team at Brett Air Conditioning in January 2001. His attention to detail, skills and knowledge makes each and every day count.

In Dennis' free time, he enjoys traveling, cooking, entertaining friends, exercising and reading

WINTER WORD SEARCH

concentration and greater satisfaction about achieving their goals and are more likely to succeed."

Here are the key steps to ensuring you create an effective New Year's resolution plan:

1. Is it specific?
2. Can it be measured?
3. Is it achievable or attainable?
4. Is it realistic?
5. Is it exciting?
6. Is your goal recorded?

We make many goals in our head that we end up forgetting so "ink it, don't think it".

By recording your goal, you make a conscious commitment that this is what you want to achieve. Once you have made this commitment, put it in places that can easily be seen. This type of mind-set will help you stay motivated for achieving those goals.

a good book. Dennis is someone that we are proud to not only call our friend, but also our family.

We would like to publicly **thank you**, Dennis for 17 wonderful years of service and ongoing dedication to Brett Air Conditioning.

E T C G B W T B X E S S Y H I
 T N A H Q L W I K Q E N T O J
 A Y E H I I I A U V F O S L T
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WORDS TO FIND

BLIZZARD	WINTER	CHILLY
COLD	BOOTS	FROSTY
FROZEN	FIREPLACE	GLOVES
HAT	GIVING	HOTCHOCOLATE
ICE	HOLIDAYS	ICICLE
MITTENS	PINETREE	SCARF
SNOW	SNOWBALL	SNOWFLAKE
SNOWMAN	SNOWSUIT	WIND

— RECIPE —

No-Bake Cookies



Ingredients:

- 2 cups white sugar
- ¼ cup unsweetened cocoa powder
- ½ cup milk
- ½ cup margarine
- 1 teaspoon vanilla extract
- 1 pinch salt
- ½ cup chunky peanut butter
- 3 cups quick cooking oats

Directions:

1. In saucepan over medium heat, combine the sugar, cocoa, milk and margarine. Bring to a boil, stirring occasionally. Boil for 1 minute, then remove from heat and stir in the vanilla, salt, peanut butter and oats.
2. Drop by rounded spoonful's onto waxed paper. Allow cookies to cool for at least 1 hour. Store in airtight container.

Makes approx. 36 servings

Nutrition Facts Per Serving: 116 calories; 4.9 g fat; 17 g carbs; 2 g protein; less than 1 mg cholesterol; 58 mg sodium.



Don't Sweat... Call Brett!
1955 Elsa Street
Naples, FL 34109
LIC#: STATE CAC057414

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Permit 709
Naples, FL



MY WORD

...continued from page 1

switch located on the motor. During the summer the air should blow down toward the room creating a draft or chill effect. Yet in winter the air should be drawn upward to force heat off the ceiling and back into the room. If you're not sure which direction yours is turning simply turn on your fan, hold a piece of paper under the fan blades. If its summer the piece of paper should be pushed down. If its winter the piece of paper should be pulled up. Remember, Down in summer; Up in winter. I'm glad I had a chance to explain this useful tip.

May you and your family have a Merry Christmas and Blessed New Year.

Sincerely,

Dan Brett

Get \$25 Off the Best Service We Can Offer.

For your next heating and cooling system repair, we'd like to make things easier on your wallet. Clip this coupon for a **\$25 savings** on your repair bill. Then call us, and we'll give you our best service. Call **Brett Air Conditioning** at **239-566-3633**.

Offer expires **February 28, 2019**

